



Setting up your Pyramid Capstone

Safe setup requires 2 people and a small stool or stepladder may be required.

Remove the ziptie from your Stargate Pyramid (if applicable). One person holds the poles from falling while the other person places the end of each pole in each associated hold in the base of the capstone. Push the poles into place and once all 4 poles are in the base of the capstone, press down slightly on the top of the capstone to make sure it's secure and then straighten if needed.

Each capstone provides a unique variety of energies and different capstones will work for you at different times and contexts in your life. Place your capstone on the peak of your Stargate Pyramid, under your meditation chair or hold on to it while meditating.

For MAXIMUM results place your capstone on the Apex Amplifier platform (sold separately). When your capstone is added to your Stargate Pyramid you may experience:

Deeper meditations

Faster manifestations

Enhanced balancing of the body

Improved sleep and a reduction of nightmares (when placed safely beside your bed)